

Physical Medicine and Rehabilitation Clinic at Niagara Children's Centre:

Eligibility and Ineligibility

Clinic Overview

- Dr. Paul Stacey
- Diagnostics, ongoing consultation, spasticity management
- Primary care providers encouraged to provide specific reasons for consultation & clinical notes; referral may be re-directed to PT for foundational intervention to determine if needs can be met by PT

Eligible for Referral

- Chronic, acute, acquired or declining neuromusculoskeletal disorders and disabilities
- Developmental disorders that include a physical component significantly impacting function
- Spasticity/ spasticity management (including hip surveillance)
- Significant motor delay with potential Ix needs including surgery, spasticity management, splinting, casting
- Atypical gait pattern affecting function
- New to area complex physical/medical needs
- Hypotonia causing milestone delays
- Query CP diagnosis

Not Eligible for Referral

- Medical monitoring (must be reason for consultation)
- Prescriptions/Prescription management not related to spasticity
- Bilateral or unilateral in-toeing and out-toeing
- Bowlegs
- Isolated scoliosis (refer to McMaster Scoliosis Clinic)
- Isolated back pain (refer to McMaster Pain Clinic 2Q)
- Isolated hip dysplasia
- Isolated hip pain with or without a full normal work-up (refer to McMaster Pain Clinic 2Q)
- Limb length discrepancy
- Isolated orthopedic sports injuries
- Flat feet: redirect to local orthotist
- Physical abnormalities with no functional concerns (club feet, missing digit etc)/able to participate in age appropriate physical activities
- Toe walkers:
 - Decline:
 - On toes less than 50% of the time; have no other motor delays, asymmetries or concerns with tone/range; Can self correct
 - Accept pending PT physio foundational intervention
 - On toes more than 50% of time; have other motor delays, asymmetries or concerns with tone/range; Cannot self-correct